

July, 2014

Farmington Site

"NC Certified Senior Center of Excellence"

998-3730

Tuesday, July 1

Sr. Exercise & Walking - 10:30am

Wednesday, July 2

 Independence Day Celebration -10:30am

Pre-register by June 25

Thursday, July 3

Games/Wii - 10:30am

Friday, July 4

Closed - July 4th Holiday

Monday, July 7

Chocolate & Strawberry Day - 10:30am

Tuesday, July 8

- Sr. Financial Care 10:00am 1:00pm
- Sr. Exercise & Walking 10:30am

Wednesday, July 9

Movie—"Frozen" - 10:30am

Thursday, July 10

Games/Wii - 10:30am

Friday, July 11

Cow Appreciation Day - 10:30am
 Pre-register by July 3

Monday, July 14

Table Talk - 10:30am

Tuesday, July 15

Food Safety in the Summer - 10:30am
 Pre-register by July 8

Wednesday, July 16

Blood Pressure Screenings - 10:30am



Please Note:

The following activities are regularly scheduled each month:

- Gardening Tuesdays & Thursdays - 10:00am (In Season)
 - Craft Day Last
 Wednesday of the
 Month @ 10:30am
 - Senior Exercise and Walking each Tuesday 10:30am
- Blood Pressure Checks -3rd Wednesday of each month @ 10:30am

If there are other activities you would like to see regularly scheduled, please let us know.

July, 2014

Farmington Site Calendar of Events

Thursday, July 17

Games/Wii - 10:30am

Friday, July 18

• Morgan the Musician - 10:30am

Monday, July 21

• Word Search - 10:30am

Tuesday, July 22

- Sr. Financial Care 10:00am 1:00pm
- Sr. Exercise & Walking 10:30am

Wednesday, July 23

National Hot Dog Day - 10:30am

Thursday, July 24

• Games/Wii - 10:30am

Friday, July 25

Common Summer Allergies - 10:30am
 Pre-register by July 18

Monday, July 28

Western Day - 10:30am
 Pre-register by July 19

Tuesday, July 29

Sr. Exercise & Walking - 10:30am

Wednesday, July 30

• Craft Day - 10:30am

Thursday, July 31

Games/Wii - 10:30am



TRANSPORTATION NOW AVAILABLE!!

YVEDDI will pick up seniors and bring them to the Farmington center on Monday, Wednesday and Friday. Call YVEDDI at 751-2187 to have the van pick you up.

Don't forget to reserve your meal on those days.



Lunch is served every
weekday at the
Farmington Site at
11:30am.
To reserve your meal,
you must call by
12:00pm on the day
before you wish to
come for lunch.